



Cortland County Family YMCA

We build Strong Kids, Strong Families, Strong Communities

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CONTACT:

Matthew Kemak
Cortland County Family YMCA
22 Tompkins Street
Cortland, NY 13045

For Immediate Release

Celtic Run finishes off Celtic Fest

CORTLAND—The Cortland County Family YMCA and Fidelis Care are teaming up for the fourth 5-K Race of this year's Fidelis 6-pack, Sunday August 24 at 9:00 a.m. at Courthouse Park with this year's Celtic Run.

The Celtic Run is a unique race because participants can run the typical 5K race with an option to predict the time that they will finish in. There will be a special prize for the closest predicted finisher. No watches are allowed if you choose this option!

The race will start and end at Courthouse Park on Church Street with a water station and turn-around on East River Road. Full race route can be viewed online by visiting our website www.cortlandymca.org, and selecting the Fidelis 6-Pack link.

You can pre-register for the Celtic Run at the Cortland YMCA, 22 Tompkins Street until 4:00 p.m. Saturday, August 23, with race-day registration at the starting point at 8:00 a.m.

Proceeds from the Celtic Run benefit youth activities at the Cortland YMCA. Free t-shirts will be given to the first 75 registrants and prizes will be awarded for top finishers in each age class.

The Fidelis 6-pack is a series of 5K races, around the Cortland area. Remaining races this year include:

- Celtic Run, August 24,
- Pumpkin Run, October 4,
- Turkey Trot, November 27,

For more information, please contact the Cortland County Family YMCA at 607-756-2893, or visit us online at www.cortlandymca.org. Awards will be given at the end of the year for top performers. Participants who register for all 6 races get extra points when final results are made.

The Cortland County Family YMCA has been proudly serving Cortland and the surrounding community for the past 140 years.

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www.cortlandymca.org
22 Tompkins Street *Phone: 607.756.2893*
Cortland, NY 13045 *Fax: 607.756.2895*

YMCA MISSION:
To put Christian
principles into practice
through programs that
build healthy body,
mind and spirit for all
