



# Cortland County Family YMCA

*We build Strong Kids, Strong Families, Strong Communities*

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**CONTACT:**

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*For Immediate Release*

## **YMCA Gymnastics offers summer program**

CORTLAND— The Cortland County Family YMCA gymnastics program is proud to announce upcoming gymnastic classes for the summer. Classes are available for children ages 3 and up!

Continue the fun this summer by having your youngster try a class or two a week for 4 weeks. Summer Session 1 starts June 30. Session 2 programming begins July 28. Gymnastics classes will be held Monday through Thursday. Times of the classes vary. There is a fee for each session.

The YMCA gymnastics program is located upstairs at the JM McDonald Sports Complex. For more information please contact the gymnastics site at 758-8630.

The Cortland County YMCA has been building strong kids, strong families and strong communities for the past 140 years.

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*[www.cortlandymca.org](http://www.cortlandymca.org)*

**YMCA MISSION:**

To put Christian principles into practice through programs that build healthy body, mind and spirit for all

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