



FAMILY GUIDE SUMMER 2026



CORTLAND COUNTY FAMILY YMCA



WELCOME TO CORTLAND YMCA SUMMER CAMP



CAMP BEGINS
JUNE 29

CAMP ENDS
SEPT 4



CAMP HOURS
Monday - Friday
7:30am
-
5:30pm

*DROP OFF AND PICKUP
CAN
OCCUR ANY TIME
IN THIS WINDOW.

The recipe for a wonderful summer includes adventure, learning, safety, friends, and fun! The Cortland YMCA uses these components to design our camp program, which will help your children grow by nurturing their sense of belonging as they meet new people and develop lifelong friendships.

We have become more intentional in these areas by adding more opportunities for our campers. Our staff aims to create a fun, adventurous atmosphere so all campers will have the best summer ever! Before your child arrives at camp, our team are trained according to OCFS regulations, CPR, AED, First Aid, and more.

Our exciting activities will draw your child in, but the relationships formed at camp are why they want to come back year after year. We look forward to making new memories with your camper! Find your fun here at Cortland YMCA Summer Camp!

Rachael Jackson
Senior Director of Youth Development
rjackson@ithacaymca.com

Emily LeViere
Senior Director of Membership
& Programs
eleviere@ithacaymca.com

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SAMPLE SUMMER CAMP SCHEDULE

Cortland County Family YMCA Summer
Camp is located at:

22 Tompkins St.
Cortland, NY 13045

WHAT WE OFFER

The Cortland YMCA's Summer Camp provides children (ages 5-12) with fun, supervised activities that teach character values, conflict resolution, and leadership skills.

We offer a variety of activities, from crafts to science projects to songs and water activities.

All activities are age appropriate, and children are placed in respective age groups to enjoy activities geared toward their development.



Day In The Life of A Y Camper

7:30-8:30
Arrival & Sign In

8:30-9:00: Morning
snack & Transition

9:00-9:20: Whole
Camp Morning
Meeting & 3 Activity
Rotations

12:05-12:45: Lunch

1:00-3:00pm: Quiet
Time & Camp Swim

3:15-3:30: Afternoon
Snack

3:30-4:20: Fourth
Rotation

4:20-5:00: Character
Development Activity

5:00-5:30 Whole
Camp group Game &
Sign Out

SUMMER CAMP RATES

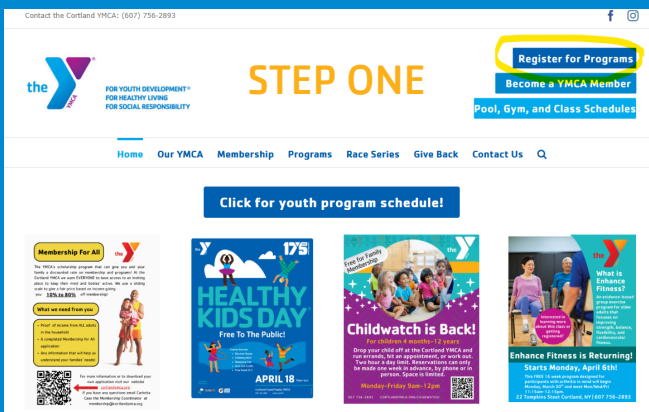
Rates Below Are Per Week

Family Members	Youth Members	Non Members
\$235	\$245	\$275
Do Not Register Online if in Need of A DSS Subsidy or YMCA Scholarship		

Pricing is based on membership status at time of registration. Membership must be maintained through the end of the camp session your child is registered for.

If you have to cancel your membership before summer camp ends, you will be charged the non-member rate difference for your summer camp weeks.

REGISTERING FOR CAMP



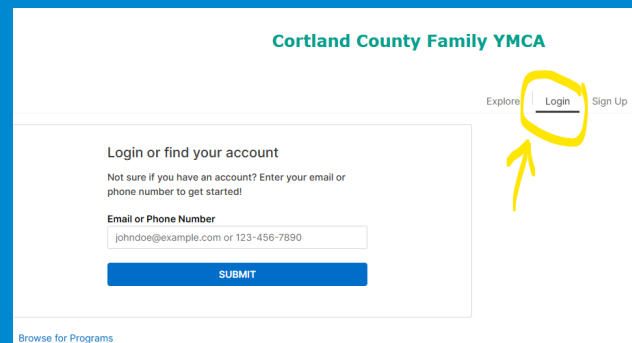
Go to <https://cortlandymca.org/> "Register For Programs" in the blue button at the top of the webpage.

STEP TWO

Sign into your account if you have one. If you don't, click "JOIN THE Y" to create a "Non-Member" account. There is no charge for the "Non-Member" account. Or sign up for a membership by selecting the appropriate option.

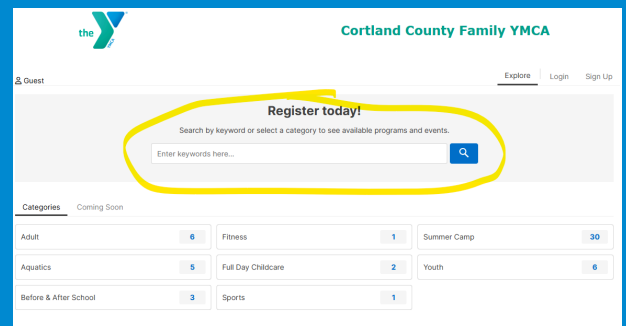
*Camp Price is based on Membership Status at time of registration. If receiving the member price, you must remain a member through the end of the registered camp session.

STEP THREE



Once you have signed in, Click the "Register for Programs" button on the top right of the screen.

STEP FOUR



Find the correct summer camp program label or search for the program using the search bar.

Click the sessions of summer camp you would like and follow the prompts to fill out your child's information. You can select multiple weeks at a time.

REGISTRATION & PAYMENT

- Camp Registration Fees are non-transferable and **NON-REFUNDABLE**.
- By enrolling in YMCA Camp Programs, you assume full financial responsibility for the weeks you've registered for.
- Even if you withdraw early from the program you are still financially responsible for the remaining weeks of the program.
- In emergency situations, an in-house credit will be applied if a wait list is established for that camp week.
- If there is a medical reason your child cannot attend, please provide a doctor's note to receive a system credit.
- Returned drafts/late payments must be paid in full before the 1st day of the program, or the child's enrollment will be suspended.
- Late pickups will be charged at the rate of \$1 per minute per child and fees must be paid before attending the next day's session.
- Level of membership must be maintained from time of signup till the end of the program, or the difference will be charged.

After Registering.... Please look for an email from the Program Director regarding the next steps and required paperwork.



Questions about payment, membership, or online registration?

Contact: Emily LeViere, Senior Director of Membership and Programs at eleviere@ithacaymca.com

Payment is due in full by the child's first day of camp. Registration should be made in advance, as we allow a maximum of 40 campers per week, and spots fill quickly. Camp can be purchased in full at time of registration, or by paying a \$50 deposit for each week of camp. The remaining balance for each week of camp will draft the **MONDAY** before the program week.

ACCESS & ABILITY AT CAMP

FINANCIAL ASSISTANCE

The Cortland County Family YMCA proudly accepts DSS Child Care Subsidies from Cortland County.

If your application for a child care subsidy is denied, families are encouraged to apply for a YMCA Camp Scholarship.

The Y is committed to making camp accessible for all families, regardless of financial need.

ACCESSIBILITY

If your child requires accommodations or support to participate in camp, please contact Rachael Jackson, Senior Director of Youth Development, to discuss your child's needs.

Early communication allows us to work together to ensure we can provide appropriate support and a positive camp experience for every participant.

Everyone knows the Y as a place to camp, swim, or exercise, but we're so much more. At the YMCA of Ithaca, we're working side-by-side with our neighbors to address critical community needs that help kids develop into smart, resilient adults, for people to improve their health and build a sense of community, and for our most vulnerable young people to get the care and support they need.



Financial Assistance and Scholarships are available to help offset the cost of membership and summer day camp. Anyone can apply. Visit our website or stop into the YMCA to learn more and pick up an application.

YOUTH CODE OF CONDUCT

Our mission at the Y is to provide quality youth programming in order to foster growth in social, emotional and physical skills, as well as provide opportunities for friendship and a sense of belonging. In order to reach these goals, Y programs will be conducted in an atmosphere that is both emotionally and physically safe for participants, staff, and volunteers. Y staff will do its best to ensure safety for everyone during our programs.

In the event that we feel that your child is causing any harm or creating a dangerous situation during any of our programming, we will contact you and ask you to pick up your child immediately. Staff will contact you within 24 hours to discuss when/if your child will be returning to our program. We will first discuss strategies to help prevent such an incident from occurring again.

However, the Y reserves the right to dismiss your child from returning to our programming for a specified period of time. Again, the Y strives to provide a safe place for everyone during our programming. We wish for all of our participants to enjoy recreational activities in a healthy atmosphere.



The below policy applies to all youth programming at the Cortland Family YMCA, including camp.

SAFETY & CONDUCT GUIDELINES

The YMCA recognizes the importance of social and emotional growth during these formative years. Camp behavioral guidelines are designed to support each participant's physical and emotional well-being while fostering self-discipline, good judgment, respect, and positive interaction with others.

Our staff use positive behavior management strategies to reinforce expectations and guide campers toward appropriate choices. Behavior concerns will be documented by staff as needed, and guardians will be notified if issues arise. Families are encouraged to partner with staff and reinforce expectations at home in special circumstances. If program staff determine that a participant is unable to benefit from the program, or if they present a risk—whether physical, emotional, or mental—to themselves, other participants, or staff, the family may be asked to withdraw their child from the program. No credits or refunds will be issued in these cases.

The YMCA maintains a zero-tolerance policy for physical violence and other severe infractions. Any camper who engages in behavior that compromises safety may be removed from the program for the day at the discretion of program leadership. Families must make immediate arrangements for pickup. Return to the program will be determined by the Camp Director in alignment with YMCA youth conduct policies.

All campers must be checked in and out directly with staff each day. Children may not be dropped off unattended under any circumstances. A parent/guardian must sign their camper in with the designated staff member at the start of the program.

Early pickups or alternative drop-off arrangements must be coordinated in advance with program staff. All participants must be signed out of the program at the end of the day. Only individuals age 18 or older who have been authorized in writing by the primary guardian may pick up a child. Photo identification may be required.

A late pick-up fee may be assessed for any child signed out after the scheduled end time of the program. Families who call ahead to notify staff of lateness are still responsible for all late fees. Participants may be unable to return to the program until outstanding late fees have been paid. No credits or refunds will be issued due to removal from the program for failure to pay required fees.

Health & Nutrition Guidelines

Children who show signs of illness, including runny nose, continuous cough, sore throat, unexplained rashes, swollen glands headaches or stomach aches, or have a fever, vomiting and/or diarrhea within the past 24 hours will not be accepted into the program that day. Other ailments that would restrict your child from summer camp include difficult or rapid breathing, yellowish skin or eyes, conjunctivitis, unusually dark urine and/or white stool, stiff neck and evidence of lice, scabies, or other parasitic infestation.

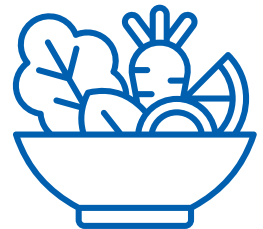
When a child becomes ill or seriously injured, the guardian will be promptly notified and required to pick up their child from camp immediately. YMCA Camp Adventure is not able to administer medications. If your camper has to be given medication on a regular basis while at camp, the staff will be unable to administer that medication, with the exception of the description below.

Camp Adventure is able to administer emergency medications as they relate to epinephrine auto injectors, asthma rescue inhalers, and nebulizers with a note from the child's physician as well as correct paperwork and forms completed and on file with the Camp Director.

The YMCA will: Encourage regular hand washing & instruct parents/guardians to keep sick campers home.

Fostering children's physical well-being, we will offer physical activities daily. Our daily physical activities include moderate to vigorous physical activities for 60 minutes. Weather permitting, outdoor time is provided daily, as part of, or in addition to, the daily moderate to vigorous physical activity time.

Fostering children's healthy habits, we will model healthy eating and physical activity. Our Y staff model healthy behaviors at all times by avoiding consuming foods or beverages during program time that are inconsistent with the Y healthy food suggestions. Staff promote healthy options positively and energetically, and model active living by participating in physical activities with the children. The Y will be providing two healthy snacks per day to the campers.



SEE YOU AT CAMP!



For a better us.

Cortland County Family YMCA

22 Tompkins Street
Cortland, NY 13045

<https://cortlandymca.org/>
(607) 756-2893