

YMCA POOL SCHEDULE

Effective 6/7/2026

Swim Lessons
Begin 5/24

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
5:00AM	YMCA Closed					Pool Closed	YMCA Closed	5:00AM			
5:30	<h2>Lap Swim</h2> <p>Mon-Fri 5:30AM-9:50AM</p>							Lap Swim 7am-10:00am	5:30		
6:00									6:00		
6:30									6:30		
7:00									7:00		
7:30									7:30		
8:00									8:00		
8:30									8:30		
9:00									9:00		
9:30									9:30		
10:00						Deep Water Aerobics	Water Aerobics		Deep Water Aerobics	Water Aerobic	Deep Water Aerobics
10:30	Lap Swim 2 Lanes/Open Swim 2 Lanes Mon-Fri 11AM-12PM					Open 2/Private lessons 2	Pool Closed At 11:30	10:30			
11:00								11:00			
11:30	<h2>Pool Closed 12:00pm-2:00pm</h2>					Open Swim 12:00-2:00	Pool Closed At 11:30	11:30			
12:00								12:00			
12:30								12:30			
1:00								1:00			
1:30	Lap Swim 2 Lane Open Swim Lanes 2:00-3:00					Pool Closed @ 2	Pool Closed At 11:30	1:30			
2:00								2:00			
2:30	2lap/2open					2lap/2open	Pool Closed At 11:30	2:30			
3:00								3:00			
3:30	Lifeguard Course 3pm-6pm	2lap/2open	Lifeguard Course 3pm-6pm	Swim Lessons 4pm-6pm	Open Swim 4pm-5pm	YMCA Closed	Pool Closed At 11:30	3:30			
4:00		Swim Lessons 4pm-5pm						Swim Team 6-7:30pm	Swim Team 6-7:30	Water Aerobics	4:00
4:30		Open Swim									4:30
5:00	Swim Team 6-7:30pm	Swim Team 6-7:30pm	Swim Team 6-7:30pm	Swim Team 6-7:30	Pool Closed	YMCA Closed	Pool Closed At 11:30	5:00			
5:30								5:30			
6:00								6:00			
6:30	Pool Closed					YMCA Closed	Pool Closed At 11:30	6:30			
7:00								7:00			
7:30	Pool Closed					YMCA Closed	Pool Closed At 11:30	7:30			
8:00PM	YMCA Closed							8:00PM			

YMCA POOL RULES

1. Proper swim attire required
2. Walk on pool deck
3. NO HORSEPLAY
4. Children 5 and under must have an adult in the water
5. Children 8 and under must be supervised by an adult
6. Non-swimmers must have an adult in the water
7. NO INFLATABLE FLOATIES