

YMCA POOL SCHEDULE									
Effective 6/18/2026									
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:00AM	YMCA Closed					Pool Closed	YMCA Closed	5:00AM	
5:30								Lap Swim Mon-Fri 5:30AM-9:50AM	5:30
6:00									6:00
6:30									6:30
7:00						7:00			
7:30						7:30			
8:00						Lap Swim 7am-10:00am	Open 2/Lap 2 Lanes 8AM-10AM	8:00	
8:30								8:30	
9:00								9:00	
9:30								9:30	
10:00	Deep Water Aerobics	Water Aerobics	Deep Water Aerobics	Water Aerobic	Deep Water Aerobics	Swim Lessons 10am-11:30am	Swim Lessons 10:00-11:30	10:00	
10:30								10:30	
11:00	Lap Swim 2 Lanes/Open Swim 2 Lanes Mon-Fri 11AM-12PM					Open 2/Private lessons 2	Pool Closed At 11:30	11:00	
11:30								11:30	
12:00	Pool Closed 12:00pm-2:00pm					Open Swim 12:00-2:00			12:00
12:30								12:30	
1:00								1:00	
1:30								1:30	
2:00	Lap Swim 2 Lane Open Swim Lanes 2:00-4:00					Pool Closed @ 2		2:00	
2:30							2:30		
3:00							3:00		
3:30									
4:00	Open 2/ lap 2	Swim Lessons 4pm-5pm	Open 2/ lap 2	Swim Lessons 4pm-6pm	Open Swim 4pm-5pm	YMCA Closed	4:00		
4:30		Open Swim			Water Aerobics			4:30	
5:00								5:00	
5:30							5:30		
6:00	Swim Team 6-7:30pm	Swim Team 6-7:30pm	Swim Team 6-7:30pm	Swim Team 6-7:30	Pool Closed		6:00		
6:30					YMCA Closed		6:30		
7:00							7:00		
7:30							7:30		
8:00PM	YMCA Closed								8:00PM

YMCA POOL RULES	
1. Proper swim attire required	5. Children 8 and under must be supervised by an adult
2. Walk on pool deck	6. Non-swimmers must have an adult in the water
3. NO HORSEPLAY	7. NO INFLATABLE FLOATIES
4. Children 5 and under must have an adult in the water	