YMCA POOL SCHEDULE

Effective 7/27/2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00AM	YMCA Closed					Pool Closed	YMCA Closed	5:00AM
5:30	Lap Swim Mon-Fri 5:30AM-9:50AM							5:30
6:00								6:00
6:30								6:30
7:00						Lap Swim 7am-10:00am		7:00
7:30								7:30
8:00							Open 2/Lap 2 Lanes 8AM-10AM	8:00
8:30								8:30
9:00								9:00
9:30								9:30
10:00	Deep Water Aerobics	Water Aerobics	Deep Water Aerobics	Water Aerobic	Deep Water Aerobics	Swim Lessons 10am-11:30am	Swim Lessons 10:00-11:30	10:00
10:30								10:30
11:00	Lap Swim 2 Lanes/Open Swim 2 Lanes Mon-Fri 11AM-12PM							11:00
11:30						Open 2/Private lessons 2	Pool Closed At 11:30	11:30
12:00	Pool Closed 12:00pm-2:00pm					Open Swim 12:00-2:00		12:00
12:30								12:30
1:00								1:00
1:30								1:30
2:00	Group Swim Lessons 7/27-8/6 and 8/17-8/27				Open Swim 2pm-6pm	Pool Closed @ 2		2:00
2:30								2:30
3:00	Open Swim		Open 2/ Lessons 2	Open 2 Lessons 2				3:00
3:30								
4:00	Open 2/ Lessons 2	Swim Lessons 4pm-5pm		Swim Lessons 4pm-6pm		YMCA Closed		4:00
4:30								4:30
5:00		Open Swim						5:00
5:30								5:30
6:00	Swim Team 6-7:30pm	Swim Team 6-7:30pm	Swim Team 6- 7:30pm	Swim Team 6-7:30	Pool Closed			6:00
6:30					YMCA Closed			6:30
7:00								7:00
7:30	Pool Closed							7:30
8:00PM	YMCA Closed							8:00PM

YMCA POOL RULES

1. Proper swim attire required
2. Walk on pool deck
3. NO HORSEPLAY
4. Children 5 and under must have an adult in the water
5. Children 8 and under must be supervised by an adult
6. Non-swimmers must have an adult in the water
7. NO INFLATABLE FLOATIES