

YMCA POOL SCHEDULE												
Effective 10/4/2026												
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
5:00AM	YMCA Closed					Pool Closed	YMCA Closed	5:00AM				
5:30	Lap Swim Mon-Fri 5:30AM-9:50AM							Lap Swim 7am-8:30am	5:30			
6:00						6:00						
6:30						6:30						
7:00						7:00						
7:30						7:30						
8:00						Lap Swim 8AM-10AM	8:00					
8:30							8:30					
9:00	9:00											
9:30						Swim Lessons 9:30am-11:30am	Open 2/Lap 2 Lanes 10am-1pm	9:30				
10:00	Deep Water Aerobics	Water Aerobics	Deep Water Aerobics	Water Aerobic	Deep Water Aerobics	10:00						
10:30						Open 2/Private lessons 2		10:30				
11:00	Lap Swim 2 Lanes/Open Swim 2 Lanes Mon-Fri 11AM-12PM							Open 2/Lap 2 Lanes 10am-1pm	11:00			
11:30									11:30			
12:00	Pool Closed 12:00pm-2:00pm					Open Swim 12:00-2:00	Open 2/Lap 2 Lanes 10am-1pm	12:00				
12:30								12:30				
1:00											Open 2/Lap 2 Lanes 10am-1pm	1:00
1:30												1:30
2:00	Open Swim	Open Swim	Open Swim	Open Swim		Pool Closed @ 2	Swim Lessons 2pm-3:30pm	2:00				
2:30			2:30									
3:00			3:00									
3:30			3:30									
4:00	Lap 1/ Lessons 3	Swim Lessons 4pm-5pm	Lap 1/Lessons 3	Swim Lessons 4pm-5pm	Open Swim 2pm-6pm	YMCA Closed		4:00				
4:30		4:30										
5:00	Swim Team 5:00-7:30pm	Swim Team 5:00-7:30pm	Masters 2 5pm-6:30pm / Swim Team 2	Swim Team 5:00-7:30pm	YMCA Closed			5:00				
5:30								5:30				
6:00								6:00				
6:30								6:30				
7:00	Pool Closed				YMCA Closed			7:00				
7:30	YMCA Closed							7:30				
8:00PM	YMCA Closed							8:00PM				

YMCA POOL RULES	
1. Proper swim attire required	5. Children 8 and under must be supervised by an adult
2. Walk on pool deck	6. Non-swimmers must have an adult in the water
3. NO HORSEPLAY	7. NO INFLATABLE FLOATIES
4. Children 5 and under must have an adult in the water	

