

YMCA POOL SCHEDULE

Effective 9/14/2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday						
5:00AM	YMCA Closed					Pool Closed	YMCA Closed	5:00AM					
5:30	Lap Swim Mon-Fri 5:30AM-9:50AM							Lap Swim 7am-9:30am	5:30				
6:00						6:00							
6:30						6:30							
7:00						7:00							
7:30						7:30							
8:00						Lap Swim 8AM-10AM	8:00						
8:30							8:30						
9:00	9:00												
9:30	Swim Lessons 9:30am-11:30am	Open 2/Lap 2 Lanes 10am-1pm	9:30										
10:00			Deep Water Aerobics	Water Aerobics	Deep Water Aerobics	Water Aerobic	Deep Water Aerobics	10:00					
10:30								10:30					
11:00	Lap Swim 2 Lanes/Open Swim 2 Lanes Mon-Fri 11AM-12PM					Open 2/Private lessons 2	11:00						
11:30							11:30						
12:00	Pool Closed 12:00pm-2:00pm					Open Swim 12:00-2:00	12:00						
12:30							12:30						
1:00						Open2/ Lessons 2	1:00						
1:30							1:30						
2:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim 2pm-6pm	Pool Closed @ 2	Swim Lessons 2pm-3:30pm	2:00					
2:30			2:30										
3:00			Open 2/Lessons 2	Open 2 Lessons 2						3:00			
3:30										3:30			
4:00	Open 2/ Lessons 2	Swim Lessons 4pm-5pm	Open 2/Lessons 2	Swim Lessons 4pm-6pm	YMCA Closed	YMCA Closed		4:00					
4:30								4:30					
5:00								5:00					
5:30								5:30					
6:00	Open Swim	Open Swim	Masters 2/ Open 2	Open Swim				Pool Closed			6:00		
6:30											Open Swim	Open Swim	YMCA Closed
7:00													
7:30	Pool Closed							YMCA Closed			7:30		
8:00PM	YMCA Closed												8:00PM

YMCA POOL RULES

- Proper swim attire required
- Walk on pool deck
- NO HORSEPLAY
- Children 5 and under must have an adult in the water
- Children 8 and under must be supervised by an adult
- Non-swimmers must have an adult in the water
- NO INFLATABLE FLOATIES