



# Y We Ride Volunteer Application



Name: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Do you have previous experience volunteering on bicycle tours?

☐ Yes ☐ No

**Area of Volunteer Interest:**

- |                                       |                                                  |                                          |
|---------------------------------------|--------------------------------------------------|------------------------------------------|
| <input type="checkbox"/> SAG Driver   | <input type="checkbox"/> Route Mark Check        | <b>Rest Stop Support:</b>                |
| <input type="checkbox"/> SAG Bicycle  | <input type="checkbox"/> Physician / Nurse / EMT | <input type="checkbox"/> TC3             |
| <input type="checkbox"/> Route Marker | <input type="checkbox"/> Set up / Take down      | <input type="checkbox"/> Dwyer Park      |
|                                       |                                                  | <input type="checkbox"/> Lansing Library |

Please state briefly where you feel your skills and talents could best be used:

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Please list any restrictions or limitations you may have so that we can place you in the safest and most suitable position (ie bad back):

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**Emergency Contact:** (at least one phone number must not be yours)

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

*Please send completed application and signed release form to Gina via email ([programs@cortlandymca.org](mailto:programs@cortlandymca.org)) or mail, Attn: Gina Cusano-McLaughlin, Cortland YMCA, 22 Tompkins Street, Cortland, NY 13045*

# General Release Form

General Release of All Claims, Assumption of Risk, and Indemnification Agreement for the 2026 Y We Ride.

I ACKNOWLEDGE THAT BY SIGNING THIS DOCUMENT, I AM RELEASING THE Y WE RIDE, ITS SPONSORS AND OTHERS FROM LIABILITY. THIS REGISTRATION AND RELEASE IS A CONTRACT WITH LEGAL CONSEQUENCES. I HAVE BEEN ADVISED TO READ IT CAREFULLY BEFORE SIGNING. In consideration of the acceptance of my volunteerism for Y We Ride, I hereby freely agree to and make the following contractual representations and agreements. I fully realize and acknowledge the hazardous nature and dangers of cycling and participating in an organized ride. I FULLY ASSUME THE RISK ASSOCIATED WITH SUCH PARTICIPATION INCLUDING by way of example, and not limitation, the following: the dangers of collision with pedestrians, vehicles, other riders, and fixed or moving objects the dangers arising from road conditions safety hazards, equipment failure, inadequate safety equipment, THE RELEASE PARTIES' OWN NEGLIGENCE, extreme heat and humidity, and other weather conditions; and the possibility of serious physical and/or mental trauma or injury associated with endurance cycling rides. For myself, my heirs, executors, administrators, legal representatives assignees, and successors in interest (collectively "successors") I HEREBY WAIVE RELEASE, DISCHARGE, HOLD HARMLESS PROMISE NOT TO SUE AND INDEMNIFY the sponsors of this event, Y We Ride, its officers, directors, agents and members, the organizer and promoting organizations, property owners, law enforcement agencies, all public entities, special districts, and properties and their respective agents, officials and employees through or by which the events will be held (collectively, the "Released Parties") FROM ANY and all rights and CLAIMS INCLUDING CLAIMS ARISING FROM THE RELEASED PARTIES' OWN NEGLIGENCE, which I have or which may hereafter accrue to me and from any and all damages, including but not limited to my property or my person, which may be sustained by me directly or indirectly in connection with, or arising out of, my participation in or association with the event, or travel to or return from the event. If signing this agreement as a parent or guardian, I represent that my Child is fit for the ride, that he/she must be accompanied by an adult on the ride and I consent to my Child's participation. I HAVE READ AND I UNDERSTAND THIS RELEASE AGREEMENT In consideration of allowing my Child to participate, I consent to it and I agree that ITS TERMS SHALL LIKEWISE BIND ME, MY CHILD my heirs legal representatives, and assigns. I HEREBY RELEASE AND SHALL DEFEND INDEMNIFY AND HOLD HARMLESS THE RELEASED PARTIES FROM EVERY CLAIM AND ANY LIABILITY that I or my Child may allege against the Release Parties (including reasonable attorneys fees or costs) as a direct or indirect result of injury to me or my Child because of my Child's participation in the ride WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASED PARTIES or others. I PROMISE NOT TO SUE Y We Ride or any Release Party on my behalf or on behalf of my Child regarding any claim arising from my child's participation in the Ride.

**Signature of Participant:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Please Print Name:** \_\_\_\_\_

**Consent and release of parent or guardian. Participants under 18 years of age are required to have an adult accompanying them.**

**Signature of Representing Adult:** \_\_\_\_\_

**Name:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_